

CORONAVIRUS ADVICE TO PRACTITIONERS – issued 30th October 2020

You must be careful not to infect yourself or your families with the virus, and you must not take it to vulnerable others to whom it could prove fatal.

All of the previous advice that we have issued remains valid, and should be observed:

- If you or any member of your household is displaying symptoms (fever or continuous cough) you must self-isolate and avoid any contact with anyone else for a period of 14 days.
- If any client that you intend to treat has shown symptoms (fever and continuous cough) then you must not treat them until 14 days have elapsed.
- You must liaise with residential homes in which your client resides and follow any guidance that they offer you to protect their charges.
- At all times use your professional discretion – wear tunic, gloves, mask and apron.
- You should protect your eyes with eye-shields unless you normally wear spectacles.
- Do only what is necessary
- Keep the treatment time short to minimise exposure.
- Keep your distance from your patient and try to attend when carers or family members are not there.
- Do not extend the treatment, or offer pedicure or massage to minimise contact.
- It makes sense to service those clients whose need is the most urgent first, so that if lockdown has to be re-imposed, the greatest part of the need will have been addressed.
- Wash your hands before donning gloves, and on their removal.
- Dispose of used PPE into your clinical waste.
- Do not touch your face until you have washed your hands thoroughly.

Stay safe. Watch out for further updates.